

COUNTRYSIDE MOBILITY

Project Update 9: Summer 2011



New Tramper site, Penrose Estate

Summer is here and after a very busy spring visiting and auditing new Tramper sites, we are pleased to announce that 10 new sites have joined the scheme so far this year.

With two more sites joining in August and September, Countryside Mobility South West (CMSW) will have Trampers and Wheelyboats available for use at 19 locations across the South West by the Autumn which is fantastic news!

Since the scheme started in June 2010, over 250 people have joined the scheme and used Trampers for over 300 hours in total. At a speed of 4 miles per hour that's 1200 miles covered! However, with only three sites hiring Trampers in Cornwall and even less in other counties, we will be doing all we can to increase the number of sites in these areas for next year.

In April, the first CMSW funded wheelchair accessible Wheelyboat was officially launched at Tamar Lakes, near Bude by Andy Beadsley from the Wheelyboat Trust and Peter Bartlet, Patron of South West Lakes Trust.

Fundraising for 3 new Wheelyboats in Exeter, Bridgwater and Wareham is now also underway with the Wheelyboat Trust and it is hoped to have these boats on the water in time for next summer.



The first CMSW Wheelyboat is launched!

Interest in the scheme has really increased this year thanks to advertising in magazines, the flyers we sent out across the region and because more sites are now working with us. Our partner sites have also been working hard to make the scheme a success at each location.

We also attended the South West Disability Show and Devon County Show this year and it was great to see so much interest in the scheme at these events.



A new member being trained to use a Trampler at the open day

Our open day at Roadford Lake in May also saw a good turnout with many people trying out Trampers and taking trips in a Wheelyboat. Malcolm Bell from Visit Cornwall and Peter Swain, Living Option Devon's Chairman opened the event before people went off exploring or enjoyed a cream tea!



Haddon Hill Big Adventure Day, Exmoor

In April we ran our first Trampler event in partnership with Exmoor National Park Authority on Haddon Hill which was a great success.

We are running more of these events in other areas later this summer including Exmoor, Dartmoor and East Devon...read on for more details.

These 'Trampler Trips' are designed to enable small groups of people to explore places or take part in activities and events at locations where unfortunately Trampers can't permanently be based.

We hope to continue working with our current partners, and also hopefully new partners, to develop and expand this idea further next year.

NEW SITE - Penrose Estate, near Helston, Cornwall TR13 0RD

The National Trust now have a Trampler for hire at Penrose near Helston. Explore the wooded countryside around Cornwall's largest natural lake and dramatic coastal scenery. Loe Pool is Cornwall's largest freshwater lake, separated from the sea by a great shingle bar.

Phone: 01326 561407

Email: southwestcornwall@nationaltrust.org.uk



NEW SITE - Saltram Estate, Plympton, Plymouth, Devon PL7 1UH

The National Trust now have a Trampler for hire at Saltram House near Plymouth. Still a largely undiscovered treasure and the perfect family day out: close to Plymouth and yet in a world of its own. Explore the formal gardens with a wonderful collection of plants or the wider estate alongside the Plym estuary before enjoying some great food in the restaurant.

Phone: 01752 333503

Email: saltram@nationaltrust.org.uk



NEW SITE - Tamar Trails, Tree Surfers, Woodlands, Tavistock, Devon, PL19 8JE

A Trampler can now be hired for use on the Tamar Trails near Gunnislake. The trails, part of the Tamar Valley Mining Heritage Project, take visitors on a journey back in time, while enjoying some of the most precious habitats in the country. Explore the 'Devon Great Consols' once the biggest copper mine in Europe and enjoy views across the Tamar valley.

Phone: 01822 833409

Email: info@treesurfers.co.uk



NEW SITE - Ashton Court, Long Ashton, Bristol, BS41 9JN

Bristol City Council now have a Trampler for hire at Ashton Court, near Bristol. Ashton Court Estate is the UK's third busiest country park with over 1.6 million visitors annually. It's Grade II registered landscape, with 850 acres of woodland and grassland, and Grade 1 listed mansion rank amongst the countries finest.

Phone: 0117 963 9174

Email: sarah.tyler@bristol.gov.uk



News of more new sites next time...

SUMMER TRAMPER EVENTS

Mutter's Moor, Sidmouth, Devon: Monday 25th July **2:00pm - 5:00pm (4 x 45 minute tours on the hour)**

A chance for first time Trampler users to try out these all terrain mobility scooters for free as part of East Devon 'Heath Week'.

An East Devon Area Of outstanding Natural Beauty (AONB) Ranger and CMSW staff will guide Trampler users on a short route across the heathland to get close to wildlife and discover a new way to enjoy our outstanding landscapes.



Haytor Down, Dartmoor, Devon: Tuesday 26th July **10:00am - 12:30 or 2:00pm - 4:30pm**

Join us and Dartmoor National Park Authority Rangers for a guided trip around Haytor Rock and the adjoining historic Dartmoor moorland.

Discover how the granite Tor's of Dartmoor were formed and how the valuable stone was extracted from nearby quarries. Learn about the wildlife that now inhabits this area and take in the widespread views.



Nutcombe Bottom, Dunster: Saturday 6th August **10:00am - 4:00pm**

Join Exmoor National Park Authority and the Crown Estate for the Nutcombe Bottom 'Big Adventure Day'.

Trampers will be available to take part in guided walks and other activities or to explore some of the cycle trails around the forest independently.



Princetown, Dartmoor, Devon: Tuesday 9th August **10:00am - 12:30 or 2:00pm - 4:30pm**

Join us and Dartmoor National Park Authority Rangers for a guided trip along the old railway line at Princetown.

This less challenging route will take us across Dartmoor along the track of an old railway to the disused quarries at Foggintor and Swelltor with some fantastic views along the way.



Please phone 01392 456522 or email info@countrysidemobility.org for bookings and more details.

COUNTRYSIDE MOBILITY TRAMPER SITES

1. Ashton Court	Bristol
2. Mount Edgcumbe, Torpoint	Cornwall
3. Siblyback Lake Country Park	Cornwall
4. Penrose Estate, nr Helston	Cornwall
5. Stover Country Park, Newton Abbot	Devon
6. Haldon Forest Park, Exeter	Devon
7. Berry Head National Nature Reserve, Brixham	Devon
8. The Granite Way, Okehampton	Devon
9. Tamar Trails, Gunnislake	Devon
10. Saltram Estate, Plymouth	Devon
11. Heddon Valley, Exmoor	Devon
12. Grand Western Canal, Tiverton	Devon
13. RHS Rosemoor Gardens, Torrington	Devon
14. Seale Hayne, Newton Abbot	Devon
15. Durlston Country Park	Dorset
16. Crickley Hill Country Park	Gloucestershire



COUNTRYSIDE MOBILITY WHEELYBOAT SITES

1. Siblyback Lake Country Park	Cornwall
2. Stithians Lake Country Park	Cornwall
3. Tamar Lakes Country Park	Cornwall
4. Roadford Lake Country Park	Devon
5. Wimbleball Lake Country Park	Somerset

Full location and booking details of all Tramper and Wheelyboat sites can be found at www.countrysidemobility.org or contact us for an easy read list.

Countryside Mobility is a Big Lottery funded project (through Natural England's 'Access to Nature' grant scheme) aiming to improve access to the countryside for people with limited mobility living in and visiting the South West. If you would like more information about the project then please visit our website or contact us on:

Tel: 01392 456522, or Email: info@countrysidemobility.org

